

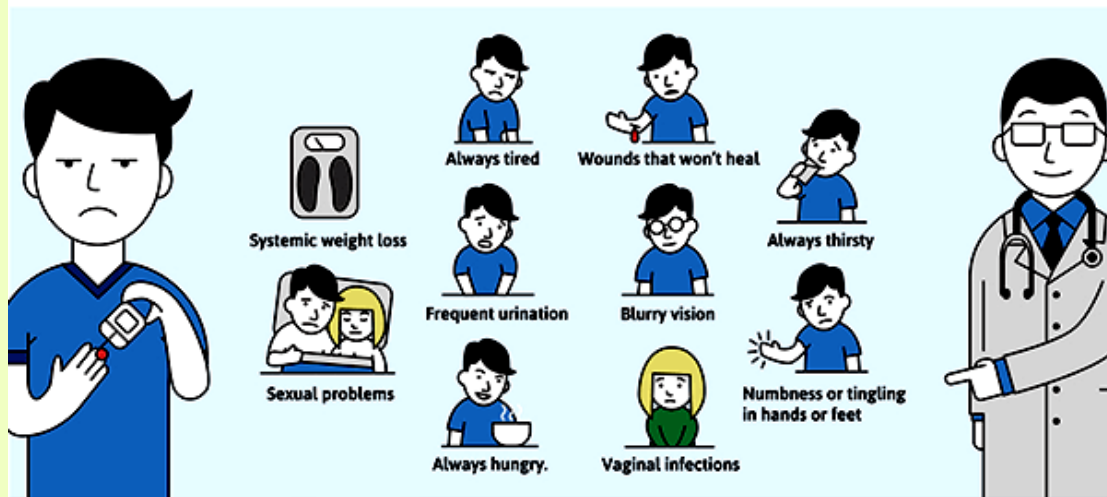


Let's Diagnose Diabetes Early

Diabetes Mellitus is characterized by high blood sugar (Glucose) levels.

If left untreated, it can lead to many disabling and life threatening complications such as heart disease, kidney failure, blindness and nerve damage.

Symptoms of diabetes



Diagnostic Tests

| Test | Method | Diabetes |
|----------------------------------|--|--|
| Fasting Blood Sugar (FBS) | Refrain from eating & drinking except for water for 8 hours | 126mg/dL or more |
| Random Blood Sugar (RBS) | Can be performed at any time of the day, regardless of the time of your last meal or drink | 200mg/dL or more with symptoms of Diabetes |
| HbA1C | Can be done at any time of the day, regardless of the time of your last meal or drink | 6.5% or more |

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