How to prevent?



Wash your hands frequently



Cough & sneeze into the elbow



Clean all shared surfaces frequently



Avoid all nonessential travel



Isolate yourself if sick or at risk of complications



Work from home if possible



Avoid contact with others



Dispose of used tissues immediately



Wear a mask in public, have symptoms or caring for someone with symptoms



Call ahead before going to a clinic or hospital



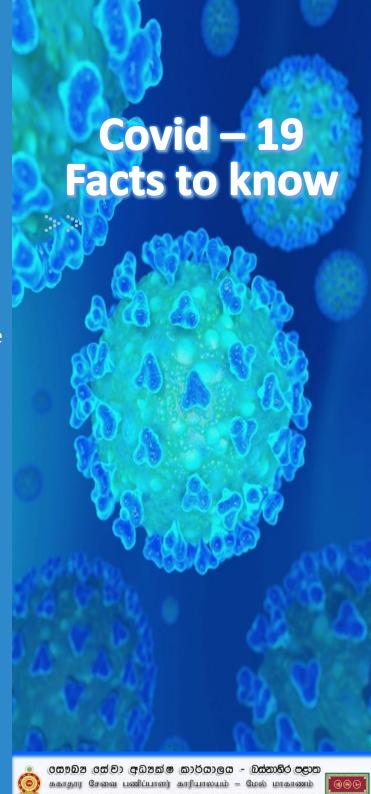
Avoid crowds & public gatherings

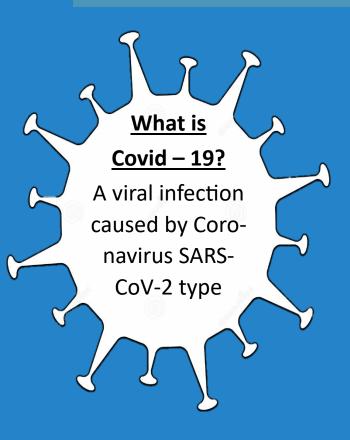


Avoid touching your face



Get yourself vaccinated





How does it spread?

Respiratory droplets

Direct contact

Fomites

What are the symptoms?



Fever



Cough



Runny nose

In more severe patients:

- Pneumonia
- Severe Respiratory distress
- Kidney failure



Sore Throat



Breathing difficulties







Headache Vomiting/ Muscle & Diarrhea joint pains

Symptoms may appear 2-14 days after virus enters the body.

Some individuals can spread the virus during this period without showing symptoms